## Radiance Renewal Brunch Menu

## Tea or Coffee

Smoothies of your choice:
Berry Burst (blueberry, blackcurrant and banana) Super Green (apple, spinach, avocado, lime, spirulina and basil) The Detox (acai berry, strawberry, blueberry and mango) Mango Dream (mango and pear)
Pineapple Sunset (pineapple, mango and papaya) Raspberry Heaven (raspberry, blueberry, mango and apple)

Strawberry Fantasy (strawberry and banana) ***

Vegetable breakfast frittata, plum tomato, button mushroom, hash brown bites (V, G, E, Mu) Or
Bacon \& Egg Florentine - soft poached eggs, wilted baby spinach, prosciutto ham crisp, toasted crumpets ( $\mathrm{E}, \mathrm{G}$ ) Or
Smashed avocado on sourdough toast (Ve, G, S)

# Radiance Renewal Afternoon Treats Menu 

Wrap \& Roll<br>Chicken \& bacon club wrap ( $\mathrm{G}, \mathrm{E}, \mathrm{Mu}, \mathrm{SD}$ )<br>Red Leicester \& seasoned pork sausage roll (G, D, SD)

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Fruit scone, strawberry jam and clotted cream (G, D, E, V)
Passionfruit \& Lime meringue tart (D, E, V) Honey \& Earl Grey choux bun ( $\mathrm{D}, \mathrm{E}, \mathrm{V}, \mathrm{G}$ )

# Scrumptious Vegan Afternoon Treats Menu 

Plant based Greek salad wrap (Ve, G)<br>Plant based spicy bean sausage rolls (Ve, G, S, SD)

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Candied citrus cranberry and white chocolate scone, strawberry jam and clotted cream (V, G, D, E, SD, S)

Gingerbread choux bun (V, G, D, E, S)
Dark chocolate and cherry tart ( $\mathrm{D}, \mathrm{E}, \mathrm{G}, \mathrm{S}$ )
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(Ve) Suitable for vegan (V) Suitable for Vegetarian, (G) Contains Gluten, (D) Contains dairy/milk,
(N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains
crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard,
(Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.
Due to our food preparation process we cannot guarantee our dishes will be prepared in an allergen or allergen derivative protect free environment. Fish may contain small bones.

