

PURE OPULENCE TREATMENT MENU

Body Treatments (50 minutes)

Signature Pregnancy Massage

A relaxing full body massage designed to soothe, calm and relieve the strains of pregnancy. For mums-to-be who are experiencing disturbed sleep, aches, pains and puffiness.

Tailored for you Massage

Allow our therapists to take care of you and your needs with your own personalised massage. Included will be a choice of areas which will enable our therapists to focus on your key tension points. Whether its neck ache or sore feet, our therapists will listen to your needs and tailor make your ideal treatment.

The Well-being Massage

A massage that soothes away stress concentrating on the backs of your legs, back, neck and shoulders (also contains a face massage).

Serene Spa Ritual

Using dry body brushing techniques this serene ritual will prep and perfect the skin ready for the application of the conditioning treatment oil. We combine this with a foot exfoliation and a tension melting scalp and foot massage which will leave both skin and mind in perfect harmony.

Signature Rejuvenation Facial

This customised facial is suitable for all skin types and is designed to leave your skin, glowing radiant and truly treated. Our therapists will use a combination of treatment masks and specially selected skincare tailored to your skins needs. The facial also includes massage therapy to the face, scalp and hands.

Jessica Luxury Manicure

The perfect treat for hands and nails. Hands will be cleansed, exfoliated and warmed in heated mitts – not only perfect for achy and tired joints but deeply conditioning on the skin - followed by a hand and arm massage. Nails will be prepped by filing and tidying the cuticles with a colour polish to finish. This treatment can also be adapted if a colour is not required.

****Please note that if you have gels already on then you will need to ensure these are removed prior to your treatment**

Jessica ZenSpa Pedicure

A harmonious blend of Eastern philosophy, using natural botanicals and aromatic essences with Western technology that utilises Papain - an active enzyme that helps to break down rough dry skin while regenerating new skin cells for a healthier, smoother appearance. Includes cuticle tidy, file of the nails, massage and a polish to finish. This treatment can also be adapted if a colour is not required.

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