

Due to the food preparation process, we cannot guarantee our dishes will be prepared in an allergen free environment.

Fish may contain small bones. All dishes are labelled with allergy indicators.

Please refer to key for full list of allergy contents.



MORNING MUNCHIES served until 11am		fish & chips (F,G,Mu,E) kcal 1180 crispy battered haddock fillet, crusted minted peas, house chips, lemon wedges, tartar sauce	£17.00
full english breakfast (D,E,G,S,Sd) kcal 1059 back bacon, eggs of your choice, pork sausage, grilled tomato,	£12.50	12 inch charred bake pizza please choose from the following selection:-	
mushrooms, hash brown, toast, baked beans		plum tomato, buffalo mozzarella, crisp basil leaf (G,D,V) kcal 744	£12.50
toasted english muffin (D,E,G,S,Sd,V) kcal 415	£10.50	milano salami, chorizo, red chilli & rocket (G,S,D,Sd) kcal 1175	£15.50
topped with poached egg & hollandaise sauce add marmalade glazed ham kcal 182	£2.60	black olives, wild mushroom, plant based mozzarisella (G,Ve) kcal 899	£15.50
add smoked salmon (F) kcal 176	£6.50		
warm churros (G,N,S,Ve) kcal 578	£6.00	SIDE ORDERS	
with a dark chocolate & almond dip		house chips (G,Ve) kcal 364	£3.80
		sweet potato fries (G,Ve) kcal 280	£3.80
sandwiches and wraps		cheesy chips with chorizo (D,G,S,Sd) kcal 471	£5.50
served From 11am – 6pm		garlic ciabatta with cheese (D,G,V) kcal 520	£5.50
all served with sea salt crisps, rocket and red onion salad, balsamic dressing (Mu,V)		DESSERTS	
crumbled falafel & mango wrap (G,Ve) kcal 432	£10.50	strawberry eton mess cheesecake (D,E,G) kcal 542	£7.50
sweet potato falafel, baby spinach, mango chutney, plant based coronation jackfruit mayonnaise, wholemeal wrap		strawberry sorbet, macerated strawberry compote, dehydrated meringue	
club wrap (E,G) kcal 490	£10.50	ben's banoffee eclair (D,E,G,N,S,V) kcal 620	£8.50
poached chicken, grilled bacon, mayonnaise, baby gem lettuce,	210.50	crunchy choux pastry, hazelnut chantilly, caramel sauce, toasted hazelnuts	
plum tomato, wholemeal wrap		chocolate indulgence (D,E,G,N,S,V) kcal 640	£10.50
triple decker sandwiches on white or wholemeal bread, with sea salt crisps,		brownie, chocolate sauce, milk chocolate ice cream, honeycomb,	
rocket and red onion salad, balsamic dressing (Mu,S,G,V)		chocolate chips, chantilly cream, chocolate shards	
also available on gluten free white or brown bread (V,E)			
marmalade glazed roasted ham salad & whole grain mustard (D,G,Mu,S) kcal 771	£7.50	hot drinks	
free range egg & mustard cress with mayonnaise (D,G,E,Mu,V,S) kcal 712	£7.50	all teas kcal 14	£3.95
slow roasted sliced beef, horseradish sauce, roquette salad (Mu,D,E,G,S) kcal 784	£10.00	standard black coffee kcal 2	£3.95
flaked tuna, red onion mayonnaise & cucumber (D,E,F,G,S) kcal 1290	£8.50 £7.50	latte (D) kcal 169	£4.25
smoked applewood cheese & red onion jam (G,Sd,D,V,S) kcal 635 substitute for vegan applewood (G,Sd,Ve,S) kcal 600	£7.50	mocha (D) kcal 190	£4.25
substitute for vegan apprewood (G,Sd,Ve,S) kcal 600	£1.30	cappuccino (D) kcal 98	£4.25
CREAM TEA		flat white (D) kcal 120	£4.25
served From 1pm – 5pm		hot chocolate (D) kcal 375	£4.25
		espresso kcal 9	£2.65
three warm fruit or plain scones, fresh clotted cream, strawberry jam (D,E,G,V) kcal 895	£10.95	double espresso kcal 18	£4.70
		Smoothies	
MAIN MEALS			
soup of the day served with Whittlebury focaccia & butter (D,G,V)	£5.50	berry burst - blueberry, blackberry blackcurrant & banana kcal 130 strawberry fantasy - strawberry & banana kcal 157	
(please ask your server for allergens)	25.50	raspberry heaven - raspberry, blueberry, mango & apple kcal 118	
caesar salad (D,E,F,G,S) kcal 460	£10.50	pineapple sunset - pineapple, mango & papaya kcal 127	
gem lettuce, croutons, bacon lardons, shaved parmesan, caesar dressing		mango dream - mango & pear kcal 133	
add grilled chicken kcal 284	£4.90	the detox - acai berry, strawberry, blueberry & mango kcal 160	
add roast salmon fillet (F) kcal 436	£5.50	super green - spinach, avocado, apple, lime, basil, spirulina kcal 142	All £3.95
whittlebury loaded burger (D,G,Sd,Mu) kcal 1175 beef patty in a brioche style toasted bun, topped with BBQ pulled pork, melting emmental cheese, grilled back bacon, soused red onion, picked gherkins, served with house chips & corn on the cob	£16.50	Super green spinaeri, avocado, appre, mine, odon, spinaeria kaariiz	, 23.33
plant based spicy mixed bean burger (G,Sd,Ve) kcal 820 brioche style toasted bun, crushed avocado, soused red onion, sliced beef tomato, melting mozzarisella cheese, served with house chips & corn on the cob	£14.50	Allergen Key; G - Contains Gluten, S - Contains Soya, D - Contains Dairy/Milk, E - Contains Egg, Se - Contains Sesame Seeds, F - Contains Fish, Sd - Contains Sulphur Dioxide, C - Contains Celery, M - Contains Molluscs, Mu - Contains Mustard, N - Contains Nuts, P - Contains Peanuts, Cr - Contains Crustaceans, V - Suitable for Vegetarians, Ve - Suitable for Vegans	
45 day whittlebury dry aged 8oz sirloin (G) kcal 790 mixed salad, grilled plum tomato, roast field mushrooms, house chips	£25.00	Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that ou an allergen free environment, nor can we guarantee the processes used by our ingredient manu may contain small bones. All dishes are labelled with allergy indicators. Please refer to key for fu	ufacturers. Fish
add peppercorn sauce (Sd,D) 335 kcal add hollandaise (Sd,E,D) 300 kcal	£2.50 £2.50	contents. Kcal shown are per dish, an ideal daily intake of calories varies depending on age, mo	etabolism and
auu nottanuaise (50,E,D) 300 kcal	IZ.SU	levels of physical activity, among other things. Generally, the recommended daily calorie intake a day for women and 2,500 for men	is 2,000 calories